



ALAN WADE

President's Corner

Alan Wade

This issue of the SilverBulletin is accompanied by our annual Membership Flyer prepared by SilverLink sitemaster Steve Gregorich. The Flyer invites you to join the Faculty and Staff Emeritus Association for 2010 as well as to register for the 2009 Fall Banquet to be held Friday, November 6 at the Alumni Center.

Joining the Emeritus Association is a great way to keep in touch with old friends and to make new ones. We want to build a sense of "family" with Sacramento State and with one another. We have negotiated some truly outstanding benefits that are listed on the flyer. Our dues cost little and help provide the funds needed to bring these things to you, as well as help make substantial donations each year to worthy campus programs in your name.

Wilma Krebs, then Bob Bess, carried on for many years the necessary tradition of a Sacramento-based agent to represent our statewide colleagues in ERFA on the legislative and health care scene. Bob's recent death left a large gap that needed filling. Dieter Renning, ERFA president, asked me to fill Bob's responsibilities as Director of Legislative Affairs and to fill his seat on the CSU-ERFA Executive Committee. I agreed to accept the appointment because of the urgency of covering Sacramento developments affecting our pensions, health care, and higher education. Our colleague Dave Humphers continues to effectively cover health benefits and PERS-related aspects of EFRA member services. I will need all the help I can get as I attempt to fill Bob's shoes, so contact me if you would like to get involved.



SilverBulletin Goes Online

Steve Gregorich, sitemaster

The Emeritus Board has set Spring 2011 as the season to take the SilverBulletin online. We will realize many savings: energy, postage, the valuable time of our volunteers and trees. But we do not want to lose contact with any faculty or staff as a consequence. If you do not have access to email, please call me at (530) 621-4505. You will not be left out.

Those of you with email will enjoy our online publications. The photos will be larger and in color. We will include more articles and use larger print. The money we save will benefit our membership and important University programs. Everybody wins!

If you are not now receiving an occasional email from the Emeritus Association, please send your name and email address to Steve Gregorich at: jansteve1@directcon.net



The Status of Health Care Reform: "The Good and the Ugly"

David F. Humphers

Efforts of the for-profit health insurance industry and Republican conservatives were successful in organizing and sending squads of "nay sayers" to Congressional constituent meetings, and they have recast health care reform into the most divisive issue since the Viet Nam War. The health reform "nay sayers" filled the August congressional recess with bogus claims, gross misrepresentation and outright lies about the Obama administration's goals for health care reform. In their effort to discredit govern-

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ment sponsored health insurance, the "nay sayers" have made embarrassingly incorrect and fraudulent claims about Great Britain's National Health Service and the effective "single-payer" health systems in Canada, Europe and other developed and developing nations.

Research published in the U.S. over the past three decades comparing medical care here and abroad confirms that physicians in the U.S. work under significantly more interference in their practice of medicine than British physicians. In the U.S. the interference comes from private health insurance corporations requiring physicians to secure prior approval before treating insured members; telling physicians what tests they may or may not order; telling physicians what medical procedures are covered, or not; telling physicians what pharmaceuticals are covered. In fact, primary care physicians in the British National Health Service have complete clinical freedom and discretion in treating patients. A frequent claim advanced by health reform opponents in the U.S. is that government run health care always becomes second-rate, poor quality, inefficient, and that government will interfere in the physician's practice of medicine. These claims are made by the same people who were heard screaming "We don't want government involved in health care, and don't touch my Medicare"!

Health care legislation that provides universal access but does not include a "public option" health plan fails in the goal to reform the system; instead, it will represent a huge subsidy to the private for-profit health industry. The 47 million uninsured in the U.S. will represent 47 million new policies for the private insurance market. Is it any wonder that the insurance lobby is fighting so hard to prevent adoption of a "public option" health plan?

Read the full report in the September 2009, CSU-ERFA Reporter

In Memoriam

Robert O. Bess, *Executive Vice-President, July 20, 2009*

Barbara R. Hoadley, *Speech Pathology & Audiology, July 11, 2009*

Lila Jacobs, *Educational Leadership and Policy Studies, June 27, 2009*

Leo C. Hertoghe, *Criminal Justice, June 7, 2009*

Stoakley Swanson, *Business Management, May 9, 2009*

Richard Hughes, *Human Resources, April 21, 2009*

Edwina T.D. Leon, *Social Work, March 22, 2009*

For further details, please check our website:
www.csus.edu/org/emeritus



Staying Connected

Hortense Simmons, editor

This issue of the SilverBulletin includes articles by three of our colleagues, all of whom are engaged in retirement activities that they are enjoying. I have been challenged in getting contributions from you, colleagues. Let me reiterate--the legacies you have

left Sac State are important: of no less importance are your retirement experiences, so please share. Our sitemaster Steve Gregorich has done a superb job with our website SilverLink. (www.csus.edu/org/emeritus) Kindly access the link which provides clear instructions for submitting your articles. I thank you in advance.



Touring Foothill Wineries

Richard Kornweibel

We tend to stock up in the late summer and early fall, finding case or half case specials usually available at many California wineries. Some of these specials are only for winery club members, but most are available to anyone. By mid-summer,

wineries are worried about space when they begin harvesting and pressing grapes. Since a case of wine represents a considerable investment, we only buy if we can taste.

A fine example of a late summer sale is conducted the last Saturday in August by next door neighbors Easton/Terre Rouge and Noceto in Amador County under the banner of Mediterranean Madness. We picked up a case of 2003 Easton Barbera at about half off, and a Noceto case of half bottles of Sangiovese also about half off. Be careful if you buy whites that you will drink the case while the wine is still fresh.

Amador County as well as neighboring El Dorado County has seen an explosion of wineries. We have not visited most of them, since we focus on those that have twenty or so years of experience. An El Dorado winery that continues to thrive and has had a successful transition to the second generation is Madrona. Perhaps located at the highest elevation in the foothills, Madrona produces lovely German white varieties as well as the usual array. I think Madrona Zinfandel is consistently one of the best in quality and best priced in the foothills. Paul Bush, who has succeeded his father Dick as boss, has some peculiar ideas such as tasting reds before whites, but his winemaking is first rate.

Whereas a great number of wineries today produce wines with alcohol over 15.5 plus left-over sugar, many well established wineries have stayed away from high alcohol wines. I prefer dry reds (no residual sugar) and an alcohol level around 14%. Among my favorite wineries is Sierra Vista in the Pleasant Valley District of El Dorado County. We visit Sierra Vista at least three times between December and March, primarily to picnic. Imagine a typical winter day in Sacramento—foggy, damp, cold—perhaps the fifth such day in a row. Meanwhile, on the Sierra Vista lawn it might be a sunny 67 degrees with the best view of the Sierra Nevada to be found close to Sacramento! I can almost taste the cold fried chicken, pasta salad, and of course, a glass of wonderful wine. Cheers.



Donna Selnick
*Family and Consumer Sciences &
University Counsel*

Since retiring in 2004, I have continued my quest to kayak around the world—one country at a time. Since 1993, I have kayaked in Alaska, Portugal, Greece, Washington’s San Juan Islands, Maine, Baja

Mexico, British Columbia, Costa Rica, Mongolia, Vietnam, and Papua New Guinea. After retiring, I added Nova Scotia, the Galapagos Islands, Madagascar, the Hudson River (around the Statue of Liberty), and, most recently, northern Manitoba, Canada to the list. I also visited Italy, Botswana, Zimbabwe, and South Africa since retiring, but was not able to dip a paddle in any water in those locales.

In keeping with the travel theme, I work occasionally at Holloway Travel Outfitters (www.packinglight.com) alongside current Sac State students. Seeing retired and current faculty and staff come into the store and try to place where they know me from is always fun. I especially enjoy listening to their exciting travel plans and assisting them with their purchases. Helping them prepare for their travels is quite different and more enjoyable than dealing with them as attorney who was often the bearer of bad news.

From time to time, I conduct employee misconduct investigations for CSU campuses that need an outside review of complaints. The rest of the time, I am an avid reader, thanks to membership in a book club. I also play Scrabble on-line, but only against the robot!



Orie Alfred Brown, Sr.
Criminal Justice

The most important activity for me after family is being able to give back to the community. In doing so, I have shared my expertise in Sacramento and abroad in Africa as volunteer and consultant.

Shortly after retirement, I established the non-profit California Fairplay (www.cafairplay.org) which became a partner with the Taylor Family Foundation (www.TTFF.org) in providing a free summer camp for children with asthma. This is my 7th year working with the foundation, and I have provided over 600 asthmatic children from Northern California a unique camping experience. The children receive two hours of asthma management education each day, administered by 8 registered nurses and 18 student volunteers from Sac State. Our camp doctor is from the UC, Davis Health System. We are also assisted by Kaiser Hospital, and our volunteer to camper ratio is 3:1.

I have served on the Board of Directors of the Boys and Girls Club of Greater Sacramento and on the Community Advisory Board for the UC, Davis Health System.

I have worked extensively as a consultant in Africa, particularly in Ethiopia (2003) and Nigeria (2004) where I trained law enforcement trainers. While in Addis Ababa, Ethiopia, I met with the American Ambassador Arelia Brazzie. In 2005, I joined a mission to Jos, Nigeria and worked with Faith Alive (an AIDS clinic). In 2007, I visited Monrovia, Liberia where I was privileged to meet with the first female president of an African country, Her Excellency Mrs. Ellen Johnson Sirleaf, President of the Republic of Liberia.

Golf is a passion of mine. I have had 3 holes in one! My handicap varies between a 6-10. Finally, I love to read.

In Support of Death Panels: A Modest Proposal

Alan Wade

In listening to President Obama’s health care speech, I got the strong impression that he is opposed to the so-called “death panels” advocated by Sarah Palin and others. Many Obama supporters say “not so fast,” and argue for a closer look at such tribunals. Many—not yet a majority but a growing crescendo of folks—believe they may be worth a second look. Sounds heartless, but bear with me.

Imagine the immense social good that could come from “blue ribbon” panels set up to examine the hearts and minds of those who might be deemed eligible for mandatory “no code” directives when the end is in sight. For example, the following might be among the groups to be looked at:

- All those over 50 (most of whom are by definition past their most productive years) who are opposed to funding public education because their kids are out of school;
- All those opposed to government-provided health services who obtain theirs through the V.A., Medicare, or Tri-Care, and owe their freedom from disease to the NIH;

- All who rant against migrant workers, but who willingly hire them at minimum wage to nanny their kids, pick their produce, re-roof their houses, manicure their yards, and eat in restaurants where “illegals” do most of the kitchen work;
- All who believe public services are theirs by right, but carry on about taxes at their “Tea Parties”;
- All those who believe the earth’s natural resources are in endless supply, and that its bounty was made for human beings to endlessly exploit with no accountability to future generations;
- Finally, all politicians and pundits who shout out their devotion to God and Family Values, only to prove by their actions that their brains are located somewhere below the belt buckle.

You get the idea. You might want to make your own list, or add to this one. Clearly, its only a beginning. As always, many details need to be worked out. Just keep in mind that the categories are not mutually exclusive.



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Duane Campbell

Bilingual Multicultural Education

Since retiring, I am teaching one class, participating in the Renaissance Society, and continuing my advocacy work for public education. Joe Palermo (history) has a good piece on advocacy for higher education here: <http://choosingdemocracy.blogspot.com/search?q=Palermo>.

My work focuses more on advocacy for k-12 and is opposed to some of the nonsense that passes for school reform. I am using my blog: <http://www.choosingdemocracy.blogspot.com> to advocate, nag, and keep in touch with former students. The cuts to k-12 education in the state budget were truly severe. On average, each student in each class will have \$1,400 less spent on his/her education this year. This means large class sizes (California already ranks 49 out of 50) and fewer teachers, resources, and support.

It is important to note that most economists did not see this crisis coming. I recommend reading Paul Krugman, *The Return of Depression Economics and the Crisis of 2008*. It is also essential to keep in mind that the school children did not cause this economic crisis--this Great Recession. Major banks and corporations looted the economy, creating an international meltdown. Now, they have been rewarded with bail-out

money and little change in regulation. We have cuts in parks, in universities, nurses, libraries, social workers, police and probation. School children did not create this crisis. Foster care children did not create this crisis.

While Wall Street is making some recovery--with the aid of \$2 trillion from the taxpayers, my best prediction is that working people will face a long, slow decline in their standard of living. We will not return to "business as usual" in just a few months. And, without reform of banking regulation, like the return of Glass-Steagall, persons with investments in 401 K's, TSA's and PERS have reasons to be concerned. Those of us with defined benefit pensions--such as PERS--have much to be thankful for.

This current situation means that the schools will have a severe economic crisis for at least the next two years. Forty-one of the 50 states have a budget crisis caused in large measure by the national and international economic collapse. California cannot recover from this economic crisis when it cuts k -12 schools and higher education. It will not work.

Clearly, this economic meltdown gives me more than enough work to do in my retirement.